



INTERNATIONAL TANG SOO DO FEDERATION

TESTING REQUIREMENTS



Choong Jae Nim Chun Sik Kim, President & Founder

KYO SA NIM REQUIREMENTS

Rank: E Dan

Age: 18+

Testing Location: World Championship or Masters and Black Belt Seminar

Required Documents: Local background check, CPR, and First Aid Certifications.

All requests to test and required documentation must be submitted to the ITF Headquarters.

Goals and Expectations

1. Uphold and maintain the high standards and professionalism of the ITF.
2. Display a positive attitude and personality in and out of the school.
3. Promote the ITF and school.
4. Demonstrate teaching and leadership ability.
5. Lead by example.
6. Maintain current level with training and testing requirements.
7. Attend, participate, and assist in ITF events: World Championships, seminars, tournaments, testing, etc.

Technical Test Requirements and Guidelines

1. Basics and meaning of Tang Soo Do.
2. Proper display of Tang Soo Do principles.
3. Guidance policy of Tang Soo Do.
4. Concepts and philosophies in Tang Soo Do.
5. All matters of special attention in Tang Soo Do training.
6. Proper display of Tang Soo Do etiquette.

Technical Requirements

1. Hand and foot basics.
2. Hand and foot combinations.
3. All hyung, including bong hyung, up to current rank.
4. White to Red Belt Ill Soo Sik.
5. Red Belt Ill Soo Sik (1-9) and all Black Belt Pyong Ahn Ill Soo Sik.
6. Long Distant Sparring Combinations (1-10).
7. White to Red Belt Ho Sin Sol (1-15), Red to Black Belt Ho Sin Sol, Black Belt Ho Sin Sol to current rank.
8. Black Belt weapon defenses (gun, knife, sword) up to current rank.

Terminology and Definition Requirements

1. Professional standards of ITF.
2. Leadership and teaching abilities.
3. Promote the ITF and school.
4. Positive attitude and personality in and out of school.
5. Maintain current level with training and testing requirements.
6. Lead by example.
7. Gup level student handbook.



INTERNATIONAL TANG SOO DO FEDERATION

TESTING REQUIREMENTS



Choong Jae Nim Chun Sik Kim, President & Founder

JUNIOR KYO SA NIM REQUIREMENTS

Rank: E Dan

Age: 14-17 yrs old

Testing Location: World Championship or Masters and Black Belt Seminar

All requests to test must be submitted to the ITF Headquarters.

Goals and Expectations

1. Uphold and maintain the high standards and professionalism of the ITF.
2. Display a positive attitude and personality in and out of the school.
3. Assist the school owner with various operations: classes, testing, special events, demonstrations.
4. Maintain current level with training and testing requirements.
5. Attend, participate, and assist in ITF events: World Championships, seminars, tournaments, testing, etc.

Technical Test Requirements and Guidelines

1. Proper display of Tang Soo Do etiquette.
2. Positive attitude and personality in and out of school.
3. Proper display of Tang Soo Do principles.
4. General knowledge of Gup level student handbook.
5. Guidance policy of Tang Soo Do.
6. Basic procedures of conducting classes and manners of school.

Technical Requirements

1. Hand and foot basics.
2. Hand and foot combinations.
3. All hyung, including bong hyung, up to current rank.
4. White Belt to Red Belt Ill Soo Sik.
5. Red Belt Ill Soo Sik (1-9) and all Black Belt Pyong Ahn Ill Soo Sik.
6. Long Distant Sparring Combinations (1-10).
7. White to Red Belt Ho Sin Sol (1-15), Red to Black Belt Ho Sin Sol, Black Belt Ho Sin Sol to current rank.
8. Black Belt weapon defenses (gun, knife, sword) up to current rank.

Terminology and Definition Requirements

1. Professional standards of ITF.
2. Leadership and teaching abilities.
3. Promote the ITF and school.
4. Positive attitude and personality in and out of school.
5. Maintain current level with training and testing requirements.
6. Lead by example.
7. Gup level student handbook.

Demonstrate

1. Basic teaching skills.
2. Assistance in conducting class.
3. Communication with parents, students, and other instructors.
4. Helping with school maintenance.
5. Helping lower rank students.